

	NSF International	BSCG Certified Drug Free®	Informed Choice	Aegis Shield Certified
			2 testing programs available 	** This is not the Aegis Shield app (7) 
Meets Label Claims The product contains the ingredients listed on the label in the amount stated under the Supplement Facts Panel and is free of environmental contaminants.	- Added ingredients (BCAAs, beta alanine and almost all other sports ingredients) must be at least 100% of what is listed on the label but they can also be over this amount. - The product must contain at least 80% of the value listed for vitamins, minerals, protein, carbohydrate, and fiber. - The product can contain 20% more than what is listed on the label for: calories, sugars, total fat, saturated fat, cholesterol and sodium (1). They also test to ensure there are no harmful levels of specific *contaminants.	This isn't routinely offered under their BSCG Certified Drug Free testing. BSCG offers a separate certification BSCG Certified Quality™ to perform label verification and contaminant testing.	No Informed Choice does not perform label verification testing (3).	No
Substances tested	Tests for 247 banned substances on the World Anti-Doping Agency (WADA), MLB and NFL banned substances lists (2). Canadian Centre for Ethics in Sport uses the WADA list.	483 banned substances including: - 272 drugs prohibited in sport (8) - 211 illicit, prescription and over-the-counter drugs not banned in	> 200 banned substances (9)	> 200 banned substances Their steroid and stimulant lists contain approximately ½ of the compounds as tested for under NSF and BSCG.

		sport		50 of the drugs on this list are marijuana metabolites (more than necessary for testing purposes).
Maximum amount allowed ppm = parts per million ppb = parts per billion (same as ng/g)	Anabolic agents: 8 - 500 ng (nanograms) per serving Diuretics: 2,000 ng/serving Beta-2 Agonists: 2 – 2,000 ng/serving Masking agents: 400 – 2,000 ng/serving Hormone Antagonists, PRAR agonists, SARM: 20 – 500 ng/serving Stimulants & Beta blockers: 1,000 – 10,000 ng/serving (5)	2 – 100 ppb	10 ppb for steroids 100 ppb for stimulants	10 ppm (4) * this threshold is 1,000 times higher (more allowed) than some of the other testing programs
Ongoing testing?	All batches might be tested or the company may choose to select certain batches. So Company X Whey Protein Powder may choose to test some batches and not others. ** You must look for the “NSF Certified for Sport” logo (be sure to look for this logo and not another NSF logo) to make sure the product you are picking up was tested (don’t just verify the name on the website). NSF tests based on a predetermined scheme and case-by-case basis. NSF might randomly test products on	Every finished batch, or one batch monthly is certified with random blind sampling of participating products. Only certified lots are listed on the BSCG Certified Drug Free database.	Informed-Choice – Retail monitoring testing by purchasing blind samples of each registered product each month for testing. Informed-Sport – <u>Every</u> production batch or one test monthly is tested plus random retail blind sample testing for each certified product. Products that are Informed Sport tested can carry the	Aegis Certified mandates that every single product lot manufactured must be tested. Random off-the-shelf testing is also performed.

	store shelves if they think it's necessary. Annual testing is required for label claims and contaminants such as toxic metals and bacteria.		Informed Choice logo (above).	
Product validation (6)	YES	YES	YES	YES
Website	http://info.nsf.org/Certified/BannedSubstances/listings.asp NSF Sport App is available in the App Store	http://www.bscg.org/certified-drug-free-database/	www.informed-choice.org www.informed-sport.com	

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